



**End of Year Attainment Summary – PSHE (Health & Relationships)**

<b>Year Group: EYFS</b>			
<b>Health and Wellbeing</b>	<b>Autumn 1:</b>	<b>Autumn 2:</b>	
I can make choices to play inside or outside (as I understand that spending a long time in front of a computer screen or sat down can be unhealthy).			
I can independently put on and fasten my coat.			
I actively take part in PE each week and understand that I am taking part in physical activities.			
I can dress myself before and after PE, as well as tidy away my PE kit.			
I know when I am hungry and can tell someone or make a food choice.			
I know when I am thirsty and can tell someone or make a drink choice.			
I know when I need to go to the toilet and can go without being reminded.			
I can toilet myself and wash my hands afterwards.			
I know how to brush my teeth and know I must do so twice a day.			
I can share things I'm proud of from home. (Wow!)			
I can tell someone when I'm upset or when I am happy.			
I can manage my own behaviour as well as understand rewards and consequences.			
I am aware of online safety. (Smarty The Penguin.)			
<b>Relationships.</b>	<b>Summer 1:</b>	<b>Summer 2:</b>	
I can use 'please' and 'thank you' with other children and adults.			
I can share items with others and show how to take turns.			
I can negotiate with others to build friendships and avoid conflict.			
I am learning to be a good friend.			

I am aware that others also have feelings and my actions can affect these.			
I am learning about bullying and that it is wrong.			
I understand that people can also bully online.			
I am learning to be assertive by saying, "No. Stop! I don't like it."			
I can tell someone if I have been upset by someone else.			
I am aware that families are different.			
I understand 'PANTS' and the underwear rule.			
<b>Living In the Wider World.</b>	<b>Spring 1:</b>	<b>Spring 2:</b>	
I am aware of when and how money is used.			
I am aware of different rules in different places.			
I am aware of different religions, celebrations and customs - Easter bonnets, Nativity play, Diwali, Eid, sing-alongs, etc.			
I am becoming aware that people live in different places around the World.			
I am aware that people have different appearances, languages, religions, etc.			
I am aware of lifecycles (eggs – chicks).			
I am aware how people and other living things have different needs and I am aware that they require care.			
I am aware that different people do different jobs.			
I am becoming aware that I can find out about the World, people and objects by using online devices.			