



## Cape Physical Intervention Record

This document should be used to record any incidents where the physical restraint of a child has been deemed necessary. The form must be completed as soon after the incident as possible and the original must be given to the designated safeguarding lead person (Miss W Richmond) or the deputy designated safeguarding person (Miss S Baker). Please continue on separate record sheets if necessary, all sheets must be clearly numbered, signed and dated by the person completing the form.

Name of person completing the form: \_\_\_\_\_

Date of incident: \_\_\_\_\_ Time of incident: \_\_\_\_\_

Location of incident: \_\_\_\_\_

Name of child: \_\_\_\_\_ Have parents been informed? Yes / No

Does the child have a safety and support plan? Yes/No

Name of person/s NCSI trained: \_\_\_\_\_

Date of blue badge issue: \_\_\_\_\_

Names of any additional adults: \_\_\_\_\_

Please complete a detailed record of the incident including, reasons behind the restraint, location, description of the incident on your arrival, what holding techniques were employed, length of each hold and how the incident was resolved. Use the Crisis Development Model for your reporting.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_ Page: \_\_\_\_\_ of \_\_\_\_\_



## Cape Physical Intervention Record

| Crisis Development/Behaviour Levels                                 |  | Staff Attitudes/Approaches                                     |  |
|---|--|--|--|
| What anxiety signs did the child display before the intervention?   |  | What supportive actions did the adult use?                     |  |
| What defensive signs did the child display before the intervention? |  | What directive actions did the adult use?                      |  |
| What risky behaviours was the child displaying?                     |  | What Safety Interventions were used and for how long for each? |  |

Signed: \_\_\_\_\_ Date: \_\_\_\_\_ Page: \_\_\_\_ of \_\_\_\_



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|  |  |  |  |
|--|--|--|--|
| What signs of tension reduction did the child display? |  | What therapeutic rapport techniques were used? |  |
|--|--|--|--|

| <p><b>Decision Making Matrix:</b></p> <table border="1" style="width: 100%; border-collapse: collapse; text-align: center;"> <tr> <td rowspan="5" style="writing-mode: vertical-rl; transform: rotate(180deg); font-weight: bold; font-size: small;">Severity of Harm</td> <td style="font-size: x-small;"> <b>Catastrophic</b><br/>           Death will occur, or the level of injury will lead to permanent or irreversible ill-health         </td> <td style="background-color: yellow;">MEDIUM</td> <td style="background-color: orange;">HIGH</td> <td style="background-color: red;">EXTREME</td> <td style="background-color: red;">EXTREME</td> <td style="background-color: red;">EXTREME</td> </tr> <tr> <td style="font-size: x-small;"> <b>Major</b><br/>           Psychological or physical injury will require treatment leading to long term incapacity or disability         </td> <td style="background-color: yellow;">MEDIUM</td> <td style="background-color: orange;">HIGH</td> <td style="background-color: orange;">HIGH</td> <td style="background-color: red;">EXTREME</td> <td style="background-color: red;">EXTREME</td> </tr> <tr> <td style="font-size: x-small;"> <b>Moderate</b><br/>           Psychological or physical injury will require treatment and/or lead to medium term incapacity and ill-health         </td> <td style="background-color: green;">LOW</td> <td style="background-color: yellow;">MEDIUM</td> <td style="background-color: orange;">HIGH</td> <td style="background-color: orange;">HIGH</td> <td style="background-color: red;">EXTREME</td> </tr> <tr> <td style="font-size: x-small;"> <b>Minor</b><br/>           Psychological or physical injury will be non-permanent and/or cause no lasting ill-health         </td> <td style="background-color: green;">LOW</td> <td style="background-color: yellow;">MEDIUM</td> <td style="background-color: yellow;">MEDIUM</td> <td style="background-color: orange;">HIGH</td> <td style="background-color: orange;">HIGH</td> </tr> <tr> <td style="font-size: x-small;"> <b>Negligible</b><br/>           Psychological or physical injury will be minimal         </td> <td style="background-color: green;">LOW</td> <td style="background-color: green;">LOW</td> <td style="background-color: green;">LOW</td> <td style="background-color: yellow;">MEDIUM</td> <td style="background-color: yellow;">MEDIUM</td> </tr> <tr> <td></td> <td style="font-size: x-small;"> <b>Rare</b><br/>           Will probably never happen         </td> <td style="font-size: x-small;"> <b>Unlikely</b><br/>           Is not expected to happen, but it could         </td> <td style="font-size: x-small;"> <b>Possible</b><br/>           Might happen         </td> <td style="font-size: x-small;"> <b>Likely</b><br/>           Will probably happen         </td> <td style="font-size: x-small;"> <b>Certain</b><br/>           Will undoubtedly happen         </td> <td></td> </tr> <tr> <td></td> <td colspan="5" style="font-weight: bold; font-size: small;">Likelihood of Behaviour</td> <td></td> </tr> </table><br><table border="1" style="width: 100%; border-collapse: collapse; text-align: center; font-size: small;"> <tr> <th colspan="4" style="background-color: #e0e0e0;">OVERALL RISK RATING GUIDE (Colour code)</th> </tr> <tr> <td style="background-color: green; color: white;">Green (G)</td> <td style="background-color: yellow;">Yellow (Y)</td> <td style="background-color: orange;">Orange (O)</td> <td style="background-color: red;">Red (R)</td> </tr> <tr> <td>Low Risk</td> <td>Medium Risk</td> <td>High Risk</td> <td>Extreme Risk</td> </tr> </table> | Severity of Harm  | <b>Catastrophic</b><br>Death will occur, or the level of injury will lead to permanent or irreversible ill-health               | MEDIUM                          | HIGH                                  | EXTREME                                   | EXTREME | EXTREME | <b>Major</b><br>Psychological or physical injury will require treatment leading to long term incapacity or disability | MEDIUM | HIGH | HIGH | EXTREME | EXTREME | <b>Moderate</b><br>Psychological or physical injury will require treatment and/or lead to medium term incapacity and ill-health | LOW | MEDIUM | HIGH | HIGH | EXTREME | <b>Minor</b><br>Psychological or physical injury will be non-permanent and/or cause no lasting ill-health | LOW | MEDIUM | MEDIUM | HIGH | HIGH | <b>Negligible</b><br>Psychological or physical injury will be minimal | LOW | LOW | LOW | MEDIUM | MEDIUM |  | <b>Rare</b><br>Will probably never happen | <b>Unlikely</b><br>Is not expected to happen, but it could | <b>Possible</b><br>Might happen | <b>Likely</b><br>Will probably happen | <b>Certain</b><br>Will undoubtedly happen |  |  | Likelihood of Behaviour |  |  |  |  |  | OVERALL RISK RATING GUIDE (Colour code) |  |  |  | Green (G) | Yellow (Y) | Orange (O) | Red (R) | Low Risk | Medium Risk | High Risk | Extreme Risk | <p>Describe your rationale for intervention based on severity and likelihood.</p> |
|--|---|---|---------------------------------|---------------------------------------|---|---------|---------|---|--------|------|------|---------|---------|---|-----|--------|------|------|---------|---|-----|--------|--------|------|------|---|-----|-----|-----|--------|--------|--|---|--|---------------------------------|---------------------------------------|---|--|--|-------------------------|--|--|--|--|--|---|--|--|--|-----------|------------|------------|---------|----------|-------------|-----------|--------------|---|
| Severity of Harm   |   | <b>Catastrophic</b><br>Death will occur, or the level of injury will lead to permanent or irreversible ill-health               | MEDIUM                          | HIGH                                  | EXTREME                                   | EXTREME | EXTREME |   |        |      |      |         |         |   |     |        |      |      |         |   |     |        |        |      |      |   |     |     |     |        |        |  |   |  |                                 |                                       |   |  |  |                         |  |  |  |  |  |   |  |  |  |           |            |            |         |          |             |           |              |   |
|  |   | <b>Major</b><br>Psychological or physical injury will require treatment leading to long term incapacity or disability           | MEDIUM                          | HIGH                                  | HIGH                                      | EXTREME | EXTREME |   |        |      |      |         |         |   |     |        |      |      |         |   |     |        |        |      |      |   |     |     |     |        |        |  |   |  |                                 |                                       |   |  |  |                         |  |  |  |  |  |   |  |  |  |           |            |            |         |          |             |           |              |   |
|  |   | <b>Moderate</b><br>Psychological or physical injury will require treatment and/or lead to medium term incapacity and ill-health | LOW                             | MEDIUM                                | HIGH                                      | HIGH    | EXTREME |   |        |      |      |         |         |   |     |        |      |      |         |   |     |        |        |      |      |   |     |     |     |        |        |  |   |  |                                 |                                       |   |  |  |                         |  |  |  |  |  |   |  |  |  |           |            |            |         |          |             |           |              |   |
|  |   | <b>Minor</b><br>Psychological or physical injury will be non-permanent and/or cause no lasting ill-health                       | LOW                             | MEDIUM                                | MEDIUM                                    | HIGH    | HIGH    |   |        |      |      |         |         |   |     |        |      |      |         |   |     |        |        |      |      |   |     |     |     |        |        |  |   |  |                                 |                                       |   |  |  |                         |  |  |  |  |  |   |  |  |  |           |            |            |         |          |             |           |              |   |
|  | <b>Negligible</b><br>Psychological or physical injury will be minimal | LOW   | LOW                             | LOW                                   | MEDIUM                                    | MEDIUM  |         |   |        |      |      |         |         |   |     |        |      |      |         |   |     |        |        |      |      |   |     |     |     |        |        |  |   |  |                                 |                                       |   |  |  |                         |  |  |  |  |  |   |  |  |  |           |            |            |         |          |             |           |              |   |
|  | <b>Rare</b><br>Will probably never happen                             | <b>Unlikely</b><br>Is not expected to happen, but it could  | <b>Possible</b><br>Might happen | <b>Likely</b><br>Will probably happen | <b>Certain</b><br>Will undoubtedly happen |         |         |   |        |      |      |         |         |   |     |        |      |      |         |   |     |        |        |      |      |   |     |     |     |        |        |  |   |  |                                 |                                       |   |  |  |                         |  |  |  |  |  |   |  |  |  |           |            |            |         |          |             |           |              |   |
|  | Likelihood of Behaviour   |   |                                 |                                       |   |         |         |   |        |      |      |         |         |   |     |        |      |      |         |   |     |        |        |      |      |   |     |     |     |        |        |  |   |  |                                 |                                       |   |  |  |                         |  |  |  |  |  |   |  |  |  |           |            |            |         |          |             |           |              |   |
| OVERALL RISK RATING GUIDE (Colour code)  |   |   |                                 |                                       |   |         |         |   |        |      |      |         |         |   |     |        |      |      |         |   |     |        |        |      |      |   |     |     |     |        |        |  |   |  |                                 |                                       |   |  |  |                         |  |  |  |  |  |   |  |  |  |           |            |            |         |          |             |           |              |   |
| Green (G)  | Yellow (Y)  | Orange (O)  | Red (R)                         |                                       |   |         |         |   |        |      |      |         |         |   |     |        |      |      |         |   |     |        |        |      |      |   |     |     |     |        |        |  |   |  |                                 |                                       |   |  |  |                         |  |  |  |  |  |   |  |  |  |           |            |            |         |          |             |           |              |   |
| Low Risk   | Medium Risk   | High Risk   | Extreme Risk                    |                                       |   |         |         |   |        |      |      |         |         |   |     |        |      |      |         |   |     |        |        |      |      |   |     |     |     |        |        |  |   |  |                                 |                                       |   |  |  |                         |  |  |  |  |  |   |  |  |  |           |            |            |         |          |             |           |              |   |

Signed: \_\_\_\_\_ Date: \_\_\_\_\_ Page: \_\_\_\_\_ of \_\_\_\_\_



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A low-level hold in a seated position for a young person (chair) is when staff stay seated to the side of the child, they stay balanced and non-threatening and move closer to the child and place one hand on top of the child's hands. A low-level hold in a seated position for a child (chair) is when one member of staff remain seated behind the child, they remain close and place their hands on the outside of the arm.



A medium-level hold in a seated position (chair) is when staff begin in a low-level hold (as pictured above). One member of staff moves their free hand to the outside of the elbow, they then loop their hand that was rested onto the child's hand through their arm and move closer to the child. The second member of staff repeats this action to secure the hold and minimise risk. A medium-level hold in a seated position for a child (chair) is when a member of staff begins in the low-level hold (as pictured above). The member of staff moves one hand at a time on top of the child's forearm. They cup their hands to ensure no harm. The child's arms rest against their own body. Staff move slightly closer maintaining a medium level of restriction.



A high-level\* hold in a seated position (chair) is when staff begin in a medium-level hold (as pictured above). Both members of staff use their hand that is looped under the child's arm to guide the wrist underneath the shoulder and their elbow will naturally move backwards. Staff keep close to the child in distress. A high-level hold in a seated position for a child (chair) is when a member of staff begins in the medium-level hold (as pictured above). Staff guide the child's arms forwards and cross them in front of their body, staff then place their hands around the child's wrist and tuck them into the child's body so the wrists rest underneath the shoulder. Staff lean back slightly and keep the child close to maintain a high-level hold.



Signed: \_\_\_\_\_ Date: \_\_\_\_\_ Page: \_\_\_\_\_ of \_\_\_\_\_



# Cape Physical Intervention Record

When using a low, medium and high-level standing hold for children, staff use the same principles as the seated holds. Please see the pictures below.

Low-level



Medium-level

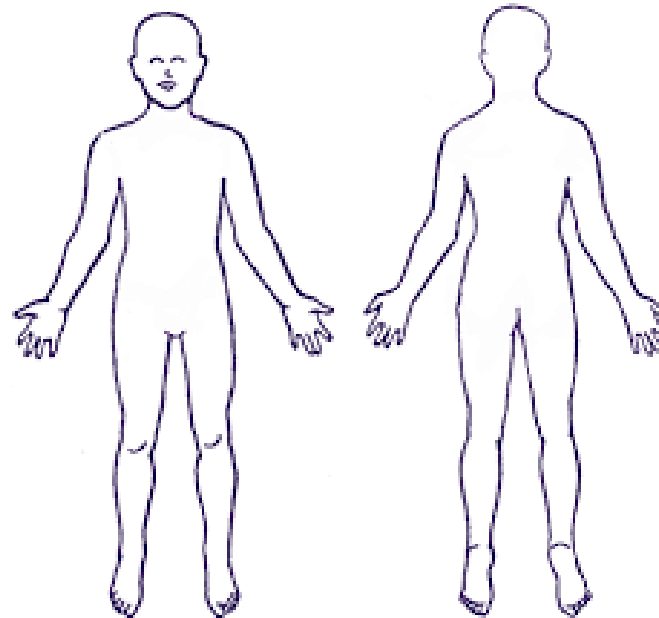


High-level\*



\*Please note that whilst a high-level hold is part of the CPI Safety Intervention model for children and young people it would only be used in a serious incident.

Please indicate on the body map where the child was held.



Signed: \_\_\_\_\_ Date: \_\_\_\_\_ Page: \_\_\_\_\_ of \_\_\_\_\_



## Cape Physical Intervention Record

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For Office Use Only:

Name of child: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Gender: \_\_\_\_\_ Ethnicity: \_\_\_\_\_

Name of designated person informed: \_\_\_\_\_

Date: \_\_\_\_\_ Signature of DSP: \_\_\_\_\_

Have all parties completed individual accounts? Yes / No

Have all accounts been collected and stored together? Yes /No

Is a safety and support plan required for the child? Yes/No

Have parents been informed? Yes / No

Number of previous incidents recorded for the child: \_\_\_\_\_

Outcome:

Signed: \_\_\_\_\_ Date: \_\_\_\_\_ Page: \_\_\_\_\_ of \_\_\_\_\_